

# BREAK

# FAST

**THE WELBECK HOTEL**

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*(v) Vegetarian | (vg) Vegan*

*Some menu items may contain allergens or intolerances, for further details please ask your server.*

*All prices inclusive of VAT.*

*\*Some cheeses may be unpasteurized.*

# THE WELBECK TABLE

Discover our healthy continental buffet, thoughtfully crafted to  
nourish your mind and body £20

## PRESCRIBED PLATES

### Full English £20

Cumberland sausage, smoked streaky bacon, black pudding, hashbrown, portobello mushroom, plum tomato, two eggs cooked to your liking.

### Vegetarian Breakfast (v) £18

Vegan sausage, hashbrown, grilled portobello mushroom, plum tomato, two eggs cooked to your liking.

### Smashed avocado and poached eggs (v) £18

On sourdough toast with chili, coriander, lime and cherry tomato

### Eggs Benedict £18

Toasted English muffin, honey roasted ham and hollandaise sauce

### Eggs Royale £18

Toasted English muffin, Scottish smoked salmon and hollandaise sauce

### Eggs Florentine (v) £16

Toasted English muffin, baby leaf spinach and hollandaise sauce

### Two eggs omelette £14

Ham, cheese, tomato, onion, peppers, mushroom and spinach

### Scottish smoked salmon and scrambled eggs £18

Served on sourdough toast

### American pancake £15

Smoked streaky bacon and maple syrup

### Belgian waffles (v) £16

Warm chocolate sauce and strawberries

## SIDES

Grilled plum tomato (v) (vg) £5

Hash browns (v) (vg) £5

Portobello mushroom (v) (vg) £5

Smashed avocado (v) (vg) £5

2 eggs cooked to your liking (v) £5

2 rashers of smoked streaky bacon £5

Cumberland sausage £5

Smoked salmon £5

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# EAT WELL

## **The Green Egg £14**

Baked eggs, spinach, broccoli, pesto and mushrooms

## **Courgette pancakes £13**

Poached egg, avocado and toasted seeds

## **Banana porridge £11**

Cooked with water or milk, cinnamon & fresh berries

# DRINK WELL

## **The Welbeck Ginger Shot £4**

Ginger, lemon and cayenne pepper

## **The Immune Boost £7**

Orange, ginger, turmeric and carrot

## **Green £7**

Spinach, avocado, cucumber, apple and kiwi

## **Red £7**

Raspberry, pomegranate, blueberries and orange

## **Yellow £4**

Turmeric, orange and Black pepper

## Coffee

*Mozzo Coffee who source their coffee from ethical and sustainable sources.*

**Espresso £4**

**Double Espresso £6**

**Macchiato £4**

**Double Macchiato £6**

**Cortado £4**

**Americano £4**

**Flat white £5**

**Cappuccino £5**

**Latte £5**

**Hot chocolate £5**

## Tea

£5

**Earl Grey**

**English Breakfast**

**Green Tea**

**Jasmine**

**Chamomile**

**Fresh Mint Leaf**

**Peppermint**

**Ginger and Lemon**

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